



I choose ✓

Burnout prevention

CMHA Ontario “I Choose” campaign Burnout Prevention social media bank

Handles

Twitter: @CMHAOntario
Facebook: @CMHA.Ontario
LinkedIn: Canadian Mental Health Association, Ontario Division
Instagram: cmhaontario

Hashtag

#IChooseMHA

Posts

- #IChooseMHA because years of chronic underfunding of the community mental health and addictions system had led to longer wait times and fewer services for Ontarians. www.ichoosemha.ca
- #IChooseMHA because mental health and addictions care is impacted by an overburdened and burned-out front line workforce. www.ichoosemha.ca
- Community mental health and addictions staff are exhausted and stressed out. It's time to vote for those who will increase the investment in our mental health and addictions system. #IChooseMHA www.ichoosemha.ca
- Le personnel des services communautaires de santé mentale et de lutte contre les dépendances est épuisé et stressé. Il est temps de voter pour ceux qui augmenteront les investissements dans notre système de santé mentale et de lutte contre les dépendances. #IChooseMHA www.ichoosemha.ca

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Social graphics (click on the thumbnail below to download)

Shareable image for Facebook English



Shareable image for LinkedIn



Shareable image for Twitter



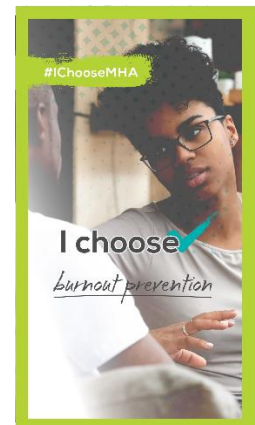
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