



I choose ✓

support for mental health and addictions care

CMHA Ontario “I Choose” campaign Social media bank

Handles

Twitter: @CMHAOntario
Facebook: @CMHA.Ontario
LinkedIn: Canadian Mental Health Association, Ontario Division
Instagram: cmhaontario

Hashtag

#IChooseMHA

Posts

- This June, mental health and addictions care is the top of my elections wish list. #IChooseMHA www.ichoosemha.ca
- The candidates I choose to vote for will be those that invest significantly in the community mental health and addictions system. #IChooseMHA www.ichoosemha.ca
- #IChooseMHA because years of chronic underfunding of the community mental health and addictions system had led to longer wait times and fewer services for Ontarians. www.ichoosemha.ca
- #IChooseMHA because 80 per cent of Ontarians expect the province to be in a mental health crisis once the pandemic is over. www.ichoosemha.ca
- 1 in 4 Ontarians have sought mental health support during the pandemic. #IChooseMHA because more than ever, Ontarians need greater investment in the community mental health and addictions sector. www.ichoosemha.ca



Learn more at IChooseMHA.ca



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